

Fox Valley Book Review

Feel like your life is out of control busy? Join us in reading CrazyBusy a book about regaining your life and being happy while still getting things done. Don't have time to read a book? Come to our review anyway, and we will fill you in on the details.

What: Book review of CarzyBusy Overstretched, Overbooked, and About to Snap! By Edward M. Hallowell, M.D.

When: October 22, 7:30-8:30PM

Where: Copper Rock Coffee (210 W College Ave #B, Appleton 920-882-9462)

Cost: \$5 for SWE members, \$7 for non-SWE members, information on payment options will be in the next SWE-WI newsletter

Cost will cover desserts and beverages

RSVP: Contact Kellie Rausch by October 19th (kmrausch@bemis.com or 920-203-8830)